

Colombo Medical Congress-2024
Faculty of Medicine, University of Colombo, Sri Lanka

During the Colombo Medical Congress held from December 9th to 13th, 2024, at the UCFM Tower, Faculty of Medicine, University of Colombo, Sri Lanka a symposium titled *"Insights into the Brain: Neurorehabilitation and Brain Health"* was conducted on December 12th.

Dr. Asha Wettasinghe, Senior lecturer in Physiotherapy and project coordinator of the University of Colombo attached to the Department of Allied Health Sciences, Faculty of Medicine, University of Colombo, delivered a speech titled *"Exercise & Aging Brain: Clinical Insights in Neurorehabilitation,"* where she highlighted the CAPAGE project. During her presentation, she introduced the CAPAGE project's objectives, its collaborative partners, and the key activities undertaken to advance neurorehabilitation and brain health to promote the health aging in Sri Lanka.

Dr. Wettasinghe also announced the upcoming CAPAGE International Conference on 'Frailty and Geriatric Assessments,' scheduled for February 18th and 19th, 2025, at UCFM Tower, Faculty of Medicine, University of Colombo, Sri Lanka, extending an invitation to researchers, academics, and healthcare professionals to actively participate and contribute to this event. With the theme ***"Promoting Healthy Aging through Holistic Approaches and Innovations"*** this conference aims to bring together a diverse array of healthcare professionals, including physiotherapists, nurses, medical doctors, psychologists, rehabilitation experts, and allied health experts.

