

Video Creation Guidelines for Practical Session 3



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Video Creation Guidelines for Practical Session 3

Assessment Tools

1. Six-Minute Walk Test
2. Dynamic Gait Index
3. Berg Balance Scale
4. Short Physical Performance Battery

Purpose

- Each group will create an educational video that demonstrates one assigned assessment tool.
- These videos will be used as learning resources for peers and future students.

General Instructions

1. **Group Allocation**
 - Students will be divided into 4 groups.
 - Each group will be assigned one of the above tools.
2. **Video Duration**
 - 5–8 minutes per video.
3. **Video Format**
 - Preferably recorded using a mobile phone or camera in landscape mode.
 - Clear visuals and audio are essential.

4. Content Requirements

Each video must include the following components

Component	Description
1. Introduction	Brief overview of the tool and its clinical relevance in geriatrics.
2. Purpose of the Tool	What the tool measures and why it's important.
3. Indications and Contraindications	When it should or shouldn't be used.
4. Equipment Needed	List and briefly show required items (e.g., stopwatch, chair, cones).
5. Instructions to the Patient	Clearly verbalize and show patient instructions before the test.
6. Step-by-step Demonstration	Demonstrate the procedure with correct technique and safety considerations.

7. Scoring Method	Explain how to score and interpret results.
8. Modified Versions (if any)	Briefly mention or demonstrate alternative methods if applicable.
9. Summary and Conclusion	Recap key points; highlight tool's use in physiotherapy.

Assessment Criteria

Videos will be evaluated based on:

- Accuracy and completeness of content
- Clarity of explanation
- Quality of demonstration
- Safe and professional conduct
- Team contribution and presentation quality

Submission

- Submit the final video via Google Drive (or your designated platform).
- Deadline: [Insert Date and Time]