



# Promoting Academic and Professional Excellence in Health Care to meet the Challenges of Aging in Sri Lanka

Welcome to our 1st CAPAGE – Capacity for Active Ageing project newsletter! Our project in Sri Lanka addresses the challenges of an aging population by modernizing healthcare education in Healthy Aging and Geriatrics.



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# CAPAGE

## About CAPAGE

We aim to enhance professional competencies and promote active aging through interdisciplinary collaboration & innovative approaches.

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## Kick-Off Meeting

The Kick-Off event of the project was held from 19<sup>th</sup> to 23<sup>rd</sup> February 2024 and hosted by the University of Peradeniya. The five days were eventful with official meetings and social events. This project of three years duration now initiated will progress through milestones to achieve the objectives of enhancing active and healthy aging for the elderly in Sri Lanka.

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## CAPAGE

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**Need analysis on core competencies for physiotherapists and nurses working with older adults in Sri Lanka**

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WP2 - Need analysis on core competencies for HEC professionals

## 1<sup>st</sup> Deliverable Submitted

A comprehensive [Need Analysis on Core Competencies](#) for Physiotherapists and Nurses working with older adults in Sri Lanka has been finalized and successfully uploaded to the European Commission. This deliverable aims to describe the health and aging contexts in SL and their management, identify the existing resources and gaps in the physiotherapy and nursing curriculum content. It highlights the current resources and demands in professional competencies.

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## 2<sup>nd</sup> Project Meeting in Porto

The 2<sup>nd</sup> Transnational Project Meeting will be held by Santa Maria Health School from September 30 to October 4, 2024, in Portugal. This week's event aims, primarily, to promote new didactic methods to develop evidence-based courses.

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