

Welcome to the CAPAGE project online workshops for academic staff

We warmly invite you to three interactive sessions designed to support academic staff development and showcase the eight academic courses and developed within the CAPAGE project. These courses focus on **Geriatrics and Healthy Ageing** in physiotherapy and nursing programs

Workshop Dates:

Monday, 24th November
Thursday, 11th December
Friday, 12th December

Time Slots:

13:30 – 17:30 (Sri Lanka)
08:00 – 12:00 (Portugal)
09:00 – 13:00 (Austria & Spain)
10:00 – 14:00 (Finland)



The Zoom link will be sent
to all registered
participants before the
event.

*On behalf of the CAPAGE project coordinator Monica Christova,
CAPAGE Project team / Jamk University of Applied Sciences*

For any queries, please contact project manager Eija Janhunen (eija.janhunen@jamk.fi)

PROGRAM

Workshop Day 1 – Monday, 24 November 2025 Join Zoom Meeting https://jamk.zoom.us/j/62745349700 Meeting ID: 627 4534 9700	
Time slots Finland: 10:00 – 14:00 Portugal: 08:00 – 12:00 / Austria & Spain: 09:00 – 13:00 / Sri Lanka: 13:30 – 17:30	
Time	Title
10:00–10:50 (FIN)	Welcome to the Workshop Day 1 - Introduction to Academic Course Development in CAPAGE • Project Ideology and Pedagogical Foundations / Monica Christova / FH Joanneum, Austria • Need analysis & framework for competences / Duarte Pereira & Christiane Silva / ESSSM, Portugal • Overview of Work Package 4 / Eija Janhunen / Jamk University of Applied Sciences, Finland • Development and Piloting of Academic Courses: Operational Implementation / Esther Liyanage, University of Peradeniya, Sri Lanka • Quality Assurance in academic course development / Jaana Paltamaa, Jamk University of Applied Sciences, Finland Session Wrap-up and Reflections
10:50-12:20 (FIN)	Thematic Session 1 • Healthy Aging and Management for NUR, 4 credits (1hr) • Feedback from thematic session: 1 NUR (30 mins)
12:20-12:30	Break 10 mins
12:30–14:00 (FIN)	Thematic Session 2 • Healthy Aging and Management for PT, 3 credits (1hr) • Feedback from thematic session: 2 PT (30 mins)
	Sessions Wrap-up and Reflections

Workshop Day 2– Thursday, 11 December 2025 Join Zoom Meeting https://jamk.zoom.us/j/65934671722 Meeting ID: 659 3467 1722		
Time slots Finland: 10:00 – 14:00 Portugal: 08:00 – 12:00 / Austria & Spain: 09:00 – 13:00 / Sri Lanka: 13:30 – 17:30		
Time	Title	
10:00–10:15 (FIN)	Welcome to the Workshop Day 2	
10:15–11:45 (FIN)	Thematic Session 3 (Parallel sessions NUR: Join Zoom Meeting https://jamk.zoom.us/j/65934671722 Meeting ID: 659 3467 1722) • Health literacy and digital health in older adults for NUR, 2 credits (1hr) • Feedback from thematic session: 3 NUR (30 mins)	Thematic Session 3 (Parallel sessions PT: Join Zoom Meeting https://jamk.zoom.us/j/64524706906 Meeting ID: 645 2470 6906) • Health literacy and digital health in older adults for PT, 2 credits (1hr) • Feedback from thematic session: 3 PT (30 mins)
11:45–12:00 (FIN)	Break 15 mins	
12:00–13:30 (FIN)	Thematic Session 4 (Parallel sessions NUR: Join Zoom Meeting https://jamk.zoom.us/j/65934671722 Meeting ID: 659 3467 1722) • Geriatric assessment for NUR, 2 credits (1 hr) • Feedback from thematic session: 4 NUR (30 mins)	Thematic Session 4 (Parallel sessions PT: Join Zoom Meeting https://jamk.zoom.us/j/64524706906 Meeting ID: 645 2470 6906) • Geriatric assessment for PT, 2 credits (1hr) • Feedback from thematic session: 4 PT (30 mins)
13:30–14:00 (FIN)	Sessions Wrap-up and Reflections	

Workshop Day 3– Friday, 12 December 2025

Join Zoom Meeting

<https://jamk.zoom.us/j/61449176538>

Meeting ID: 614 4917 6538

Time slots **Finland:** 10:00 – 14:00

Portugal: 08:00 – 12:00 / **Austria & Spain:** 09:00 – 13:00 / **Sri Lanka:** 13:30 – 17:30

Time	Title
10:00–10:15 (FIN)	Welcome to the Workshop Day 3
10:15–11:45 (FIN)	Thematic Session 5 • Community Geriatric Nursing, 2 credits (1 hr) • Feedback from thematic session: 5 NUR (30 mins)
11:45–12:00 (FIN)	Break 15 minutes
12:00–13:30	Thematic Session 6 • Clinical Practice in Geriatrics for Physiotherapy, 3 credits (1 hr) • Feedback from thematic session: 6 PT (30 mins)
13:30–14:00 (FIN)	Conclusion Session • Guideline for Academic Staff Members • Quality Assurance on WP4 • Conclusion of the workshops and ways forward, Monica