

CAPAGE Conference | Day 1 | 18th February 2025
Faculty of Medicine | University of Colombo | Sri Lanka

Inauguration Ceremony | 9.30am to 12.00pm | Main Auditorium | UCFM Tower

8.30am	Registration
9.30am	Arrival of Invitees
9.30am	National Anthem Faculty Song
9.40am	Lighting the Oil Lamp
9.50am	Welcome Dance
9.55am	Welcome Address Dr. Asha Wettasinghe Co-Chair, Conference
10.00am	Introduction to CAPAGE Prof. Monica Christova Co-Chair, Conference
10.10am	Address by Dean, Faculty of Medicine, University of Colombo Vidya Jyothi Prof. Vajira Dissanayake
10.20am	Address by Vice Chancellor, University of Colombo Prof. H.D. Karunaratne
10.30am	Address by Guest of Honor Prof. Kapila Seneviratne Chairman of University Grant Commission, Sri Lanka
10.40am	Address by the Chief Guest Dr. Anil Jasinghe Secretary of the Ministry of Health and Media, Sri Lanka
10.55am	Cultural Performance
11.05am	Keynote Address <i>“Physical Activity for Promoting Health and Preventing Falls in Older Age: Implementing the Evidence into Practice.”</i> Professor Anne Tiedemann Faculty of Medicine and Health, University of Sydney, Australia
11.35am	Journal Launch Sri Lanka Journal of Physiotherapy and Rehabilitation Department of Allied Health Sciences Faculty of Medicine, University of Colombo
11.45am	Vote of Thanks Dr. KRM Chandarathilaka Secretary, Conference
11.50am	Cultural Performance University of Visual & Performing Arts
12.00pm	End of the Inauguration Ceremony

Refreshments | 12.00pm to 1.00pm

1.00pm – 1.30pm	Main Auditorium Ground Level UCFM Tower
	Plenary 1 Pioneering Geriatric Care in the Country
	Dr. Lasantha Ganewatte <i>President, Sri Lanka Association of Geriatric Medicine and Consultant Physician New District General Hospital, Matara, Sri Lanka</i>
1.30pm – 3.00pm	Main Auditorium Ground Level UCFM Tower
	Symposium 1 Personalizing Elderly Care: Using Geriatric Assessments to Guide Treatment Decisions
	Comprehensive Geriatric Assessment – MDT Approach Dr. Barana Millawithana <i>Consultant Physician, Base Hospital, Wathupitiwala, Sri Lanka</i>
	Dysphagia Assessment and Management Dr. Christoph Palli <i>Senior Lecturer, Institute of Health and Nursing FH Joanneum, University of Applied Sciences, Austria</i>
	Assessment and Management of Low Back Pain in Older Adults in Australia Dr. Chathurani Sigera <i>The Institute for Musculoskeletal Health University of Sydney, Australia</i>
	Pulmonary Assessment for Older Adults Prof. Sonia Souto <i>Department of Biomedical Sciences, Medicine and Physiotherapy University of A Coruña, Spain</i>
	Unveiling Motor Cortical Plasticity in the Ageing Brain: Insights from Non-invasive Brain Stimulation Prof. Monica Chrostova <i>Department of Physiotherapy FH Joanneum, University of Applied Sciences, Austria</i>
	Q & A Session
Evening Tea 3.00pm to 3.30pm	
3.30pm – 4.00pm	Main Auditorium Ground Level UCFM Tower
	Plenary 2 Recognizing and Diagnosing Depression in Older Adults: Key Indicators and Strategies Dr. Malsha Gunathilake <i>Secretary, Sri Lanka College of Psychiatrists</i>

	<p><i>Consultant Old Age Psychiatrist</i> <i>Colombo South Teaching Hospital, Kalubowila, Sri Lanka</i></p>
4.00pm – 5.30pm	Main Auditorium Ground Level UCFM Tower
	Symposium 2 From Diagnosis to Prevention: Frailty, Sarcopenia, and Falls
	<p>Assessment of Frailty, Sarcopenia and Falls in Elderly Prof. Nirmala Rathnayake <i>Professor in Nursing</i> <i>Department of Nursing, Faculty of Allied Health Sciences</i> <i>University of Ruhuna, Sri Lanka</i></p>
	<p>Hematological Disorders in the Elderly Patients Prof. Claudia Bodner <i>Lecturer, Biomedical Laboratory Scientist</i> <i>Institute of Biomedical Science</i> <i>FH Joanneum, University of Applied Sciences, Austria</i></p>
	<p>Personalized Fall Prevention Strategies: Tailoring Interventions to Individual Needs Dr. Asha Wettasinghe <i>Senior Lecturer in Physiotherapy</i> <i>Department of Allied Health Sciences</i> <i>Faculty of Medicine, University of Colombo, Sri Lanka</i></p>
	<p>Exercise Therapy for Seniors: What Exercise is more Appropriate for Older Adults? Prof. Zeltia Naia <i>Professor in Physiotherapy</i> <i>Faculty of Physiotherapy</i> <i>University of A Coruña, Spain</i></p>
	<p>“VintAGEING + Feliz program: Portuguese experience of intervention in the senior community for active and healthy ageing” Prof. Cristiane Silva <i>Professor in Nursing</i> <i>Santa Maria Health School, Porto, Portugal</i></p>
	Q & A Session

CAPAGE Conference | Day 2 | 19th February 2025
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	Morning Tea 8.00am to 9.30am
8.30am-9.30am	Ground Floor UCFM Tower
	Poster Presentations
9.30am -11.30am	Main Auditorium Ground Level UCFM Tower
	Oral Presentation Session – A OP1 – OP10
	Lecture Hall 2 Level 10 UCFM Tower

Oral Presentation Session – B OP11 – OP20	
11.30am – 1.00pm	Main Auditorium Ground Level UCFM Tower
	Symposium 3 Holistic Perspectives on Cognitive and Mental Health in Ageing: Tools, Interventions, and Cultural Insights
	Cognitive Changes in Ageing: Recognizing Early Signs of Dementia Prof. Chathurie Suraweera <i>Professor in Psychiatry Department of Psychiatry, Faculty of Medicine University of Colombo, Sri Lanka</i>
	Cognitive Assessment Tools and Techniques Prof. Laura Lorenzo-López <i>Department of Biomedical Sciences, Medicine and Physiotherapy University of A Coruña, Spain</i>
	Interdisciplinary non-pharmacological Interventions in Dementia Prof. Duarte Pereira <i>Professor in Physiotherapy Santa Maria Health School, Porto, Portugal</i>
	Effects of Meditation on Ageing Brain Prof. Dilshani Dissanayake <i>Professor in Physiology Department of Physiology, Faculty of Medicine University of Colombo, Sri Lanka</i>
	Special Issues in Health Counseling from a Nordic Perspective Dr. Kristina Grahn <i>Lecturer in Social and Health Care Management JAMK University of Applied Sciences, Finland</i>
	Q & A Session
Lunch 1.00pm -2.00pm	
2.00pm – 3.30pm	Main Auditorium Ground Floor UCFM Tower
	Symposium 4 Navigating Complexities: Current Challenges and Innovations in Geriatric Management
	Rehabilitation Approach for Older Adults Dr. Chamara Jayathunga <i>Consultant in Rehabilitation Rheumatology and Rehabilitation Hospital, Ragama, Sri Lanka</i>
	Prehabilitation – Starting Rehabilitation in Elderly People before Rehabilitation Starts Prof. Rudi A. Steenbruggen <i>Senior Lecturer Physiotherapy & Topic Research Expert Saxion University of Applied Sciences, Netherlands</i>
	Intermediate Care for Older Adults in Sri Lanka: Way Forward Dr. Chamila Dalpatadu

	<p><i>Senior Lecturer in Physiology</i> <i>Department of Physiology, Faculty of Medicine</i> <i>University of Colombo, Sri Lanka</i></p>
	<p>Person-centered Care for Older People Prof. Damayanthi Dassanayake <i>Professor in Nursing</i> <i>Department of Nursing, Faculty of Allied Health Sciences</i> <i>University of Peradeniya, Sri Lanka</i></p>
	<p>The Basics, Challenges and Development Targets of Older People's Home Care Ms. Eija Janhunen <i>Specialist in Multidisciplinary Rehabilitation</i> <i>Institute of Rehabilitation</i> <i>JAMK University of Applied Sciences, Finland</i></p>
	<p>Q & A Session</p>
<p>Closing Remark 3.30pm to 4.00pm Main Auditorium UCFM Tower</p>	
3.30pm	<p>Arrival of Invitees</p>
3.35pm	<p>Address by Head, Department of Allied Health Sciences, FOM, UOC Dr. Subashini Jayawardane</p>
3.40pm	<p>Award Ceremony</p>
3.50pm	<p>Vote of Thanks Dr. KRM Chandrathilaka Secretary, CAPAGE Conference</p>
4.00pm	<p>End of the Closing Remark</p>
<p>Evening Tea 4.00pm to 4.30pm</p>	

